



## THE MODERN KNIGHT

An alchemical retreat in Murad Hassil,  
the Netherlands 21. – 23. September 2018

*“A retreat is an opportunity to turn within. When everyday thoughts and feelings calm down, one is drawn closer to one’s real self.” (Aziza Scott)*

The alchemical retreat is a powerful tool of transformation; working with the ancient Sufi-practices of purification and tuning oneself. Through purification, you get the opportunity to deeply question attitudes and patterns of behaviour. Through tuning, we come closer to the persons we really are, we can reconnect with our soul and find answers to the ever-returning questions: What are my highest ideals? How would I like to be? What do I need to fulfil my life’s purpose?

In the retreat we will explore chivalry and our inner knight. Hazrat Inayat Khan gave 40 sentences for questioning our conscience and introduced the tradition of spiritual chivalry; an essential part of the Sufi path. Contemplating and applying these rules in our lives help us evolve as planetary citizens - caring for each other and for our home - the planet. Through them, we rediscover our inter-relationship with all beings.

The retreat is open to all wisdom seekers who want to explore their inner being and share the company of others in the temple and surroundings of Murad Hassil; the sacred place for wish fulfilment: <http://www.soefitempel.nl/english/>

We will share guided meditations, individual contemplations, silence and music. There will also be short conversations in couples on some of the rules of conduct.

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### **The Knighthood of purity/ Alia Kirsten Arnesen**

The knighthood of purity is an activity for all who want to study the rules of conduct and apply them in their own lives. The study takes about 4 and 1/2 year to complete, after which one is offered to be knighted in a ceremony. One can also work with the rules for personal transformation without any follow-up activities or ceremony.

Alia Arnesen is the vice president for The Knighthood of purity in Europe. She is 66 years old and comes from Norway, where she runs a little retreat centre. Alia has been a student of Sufism and other spiritual traditions for more than 40 years and have received her formal training as a retreat guide, teacher and mentor in The Inayatiyya – a sufi path of spiritual liberty. She speaks a simple and easy English. Alia is trained as a musician and has worked with the development of multicultural awareness through music and arts in Norway.



### **Practical information**

**Time schedule:** Friday 21: 19-21, Saturday 22: 09 – 17, Sunday 23: 09 – 16.

**Housing:** There is a camping next to the temple and many Bed & Breakfasts in Katwijk. **Address:** Zuidduinseweg 7, Katwijk aan Zee.

<https://www.ns.nl/en/travel-information>

**Food:** Warm lunch, tea and snacks are included in the fee.

**Cost:** 120 euro.

BANK info: NL55ABNA0475973623 to Stichting Murad Hassil Topic: modernknight 2018

Please contact admin if you need reduction. All are welcome!

**Deadline** for registration is 15.09.18

**Registration and information:** [b.franceschina@icloud.com](mailto:b.franceschina@icloud.com) [alia.kirsten@gmail.com](mailto:alia.kirsten@gmail.com)